



Methacton  
School  
District

August – Sept. 2022

Skyview  
**LUNCH MENU**

August 3<sup>rd</sup> – Sept. 2<sup>nd</sup>

Powering  
potential.™

ENTREE

DAILY  
VEGGIE

SANDWICH

SALAD

MON	TUES	WED	THURS	FRI
No School	Philly Cheesesteak Cheese Pizza	Chicken Parm. Over Pasta Cheese Pizza	Mozzarella Sticks with Marinara Sauce Cheese Pizza	No school
	Baked Veggie Beans	Steamed Corn	Steamed Broccoli	
Available Daily: Cheese Sandwich, Turkey and cheese Sub, Ham and Swiss Sub Sunbutter and Jelly Sandwich				
Available Daily: Tuna Platter, Egg Chef Salad, Hummus Vegetable Platter All served with Dinner Rolls or Flatbread				

Menus are subject to change.

DAILY FRUIT OFFERINGS:  
Fresh Apple, Orange,  
Banana  
Fruit Cups  
100% Fruit Juice, 100%  
Apple Juice, 100% Orange  
Juice, 100% Grape Juice

DAILY VEGGIE  
OFFERINGS:  
Carrot Sticks, Celery  
Sticks, Red Pepper  
Strips, Broccoli Florets,  
Cucumber Slices,  
Cauliflower Florets

All Lunches Must  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

**aramark**  
STUDENT  
NUTRITION

This institution is an equal  
opportunity providers



Methacton  
School  
District

September 2022

# Skyview LUNCH MENU

5<sup>th</sup> – 10<sup>th</sup>

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ENTREE

DAILY VEG.

SANDWICH

SALAD

MON	TUES	WED	THURS	FRI
No School	French Toast w/Sausage and Peach Crisp	BBQ Pulled Pork Chicken Patty Sandwich	Chicken Nuggets with Whole Grain Roll Chicken Patty Sandwich	Hot Dog Bar with Toppings Chicken Patty Sandwich
	Baked Veggie Beans	Steamed Corn	Steamed Broccoli	Oven Baked French Fries
Available Daily: Cheese Sandwich, Turkey and cheese Sub, Ham and Swiss Sub Sunbutter and Jelly Sandwich				
Available Daily: Tuna Platter, Egg Chef Salad, Hummus Vegetable Platter All served with Dinner Rolls or Flatbread				

Menus are subject to change.

**DAILY FRUIT OFFERINGS:**  
Fresh Apple, Orange,  
Banana  
Fruit Cups  
100% Fruit Juice, 100%  
Apple Juice, 100% Orange  
Juice, 100% Grape Juice

**DAILY VEGGIE  
OFFERINGS:**  
Carrot Sticks, Celery  
Sticks, Red Pepper  
Strips, Broccoli Florets,  
Cucumber Slices,  
Cauliflower Florets

All Lunches Must  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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Methacton  
School  
District

September 2022

**Skyview  
LUNCH MENU**

12<sup>th</sup> – 16<sup>th</sup>

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ENTREE

**MON**

Pizza Dippers with  
Marinara Sauce  
Cheeseburger

**TUES**

Loaded Baked Potato  
with Chili  
Cheeseburger

**WED**

Spicy Maple Waffle  
Chicken Sandwich  
Cheeseburger

**THURS**

Baked Mac N' Cheese  
Cheeseburger

**FRI**

Nacho Bar W/Topping  
Cheeseburger

DAILY VEG.

Steamed Green Peas

Baked Veggie Beans

Oven Baked French  
Fries

Steamed Broccoli

Steamed Corn

SANDWICH

Available Daily: Cheese Sandwich, Turkey and cheese Sub, Ham and Swiss Sub  
Sunbutter and Jelly Sandwich

SALAD

Available Daily: Tuna Platter, Egg Chef Salad, Hummus Vegetable Platter All served with Dinner  
Rolls or Flatbread

**Menus are subject to change.**

**DAILY FRUIT OFFERINGS:**

Fresh Apple, Orange,  
Banana  
Fruit Cups  
100% Fruit Juice, 100%  
Apple Juice, 100% Orange  
Juice, 100% Grape Juice

**DAILY VEGGIE  
OFFERINGS:**

Carrot Sticks, Celery  
Sticks, Red Pepper  
Strips, Broccoli Florets,  
Cucumber Slices,  
Cauliflower Florets

All Lunches Must  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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**Limited  
Time Offer:**  
Harvest  
Grain  
Bowl

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ENTREE

DAILY VEG.

SANDWICH

SALAD

Methacton  
School  
District

September 2022

**Skyview  
LUNCH MENU**

19<sup>th</sup> – 23<sup>rd</sup>

	MON	TUES	WED	THURS	FRI
ENTREE	Pasta with Meat sauce Cheese Pizza	Oven Baked Chicken Drumstick with Roll Cheese Pizza	Grilled Cheese Sandwich Cheese Pizza	Chicken Alfredo with Pasta Cheese Pizza	Burger Bar W/Toppings Cheese Pizza
DAILY VEG.	Steamed Green Peas	Baked Veggie Beans	Steamed Corn	Steamed Broccoli	Oven Baked French Fries
SANDWICH	Available Daily: Cheese Sandwich, Turkey and cheese Sub, Ham and Swiss Sub Sunbutter and Jelly Sandwich				
SALAD	Available Daily: Tuna Platter, Egg Chef Salad, Hummus Vegetable Platter All served with Dinner Rolls or Flatbread				

**Menus are subject to change.**



**DAILY FRUIT OFFERINGS:**  
Fresh Apple, Orange,  
Banana  
Fruit Cups  
100% Fruit Juice, 100%  
Apple Juice, 100% Orange  
Juice, 100% Grape Juice

**DAILY VEGGIE  
OFFERINGS:**  
Carrot Sticks, Celery  
Sticks, Red Pepper  
Strips, Broccoli Florets,  
Cucumber Slices,  
Cauliflower Florets

All Lunches Must  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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Methacton  
School  
District

September 2022

# Skyview LUNCH MENU

26<sup>th</sup> – 30<sup>th</sup>

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ENTREE

DAILY VEG

SANDWICH

SALAD

MON	TUES	WED	THURS	FRI
No School	Toasted Meatball Sub Chicken Patty Sandwich	Battered Corn Dog Chicken Patty Sandwich	Cheese Ravioli w/Marinara Sauce Chicken Patty Sandwich	Chicken Nuggets with Dinner Roll Chicken Patty Sandwich
	Baked Veggie Beans	Steamed Corn	Steamed Broccoli	Oven Baked French Fries
Available Daily: Cheese Sandwich, Turkey and cheese Sub, Ham and Swiss Sub Sunbutter and Jelly Sandwich				
Available Daily: Tuna Platter, Egg Chef Salad, Hummus Vegetable Platter All served with Dinner Rolls or Flatbread				

Menus are subject to change.

**DAILY FRUIT OFFERINGS:**  
Fresh Apple, Orange,  
Banana  
Fruit Cups  
100% Fruit Juice, 100%  
Apple Juice, 100% Orange  
Juice, 100% Grape Juice

**DAILY VEGGIE  
OFFERINGS:**  
Carrot Sticks, Celery  
Sticks, Red Pepper  
Strips, Broccoli Florets,  
Cucumber Slices,  
Cauliflower Florets

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Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
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